

OCTOBER 2012

NEX Naples School Lunch Menu

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
	<u>1</u> Chicken on wheat Sandwich, Salad, Baked Potatoes, Fresh Fruit & Milk	<u>2</u> Pasta w/t cheese, Green Beans, Fresh Fruit, Wheat Bread & Milk	<u>3</u> Turkey Hot Dog on Wheat Bread, Mixed Salad w/ranch dressing, Fresh Fruit & Milk	<u>4</u> Baked chicken nuggets, Wheat Bread, Baked Potatoes & Peas, Fresh Fruit & Milk	<u>5</u> <u>NO LUNCH</u>
	<u>8</u> <u>NO SCHOOL</u>	<u>9</u> Pizza Margherita (mozzarella & tomatoes) Mixed Salad, Fresh Fruit & Milk	<u>10</u> Chicken Parmesan Baked, Green Beans, Fresh Fruit, Wheat Bread & Milk	<u>11</u> Roast Beef, Baked Potatoes & Peas, Fresh fruit, Wheat Bread & Milk	<u>12</u> Wrap dely wheat sandwich w/ turkey, cheese & lattuce, Mixed salad, Fresh Fruit & Milk
Tickets are available at NEX Customer Services in Gricignano, the Capodichino and Gricignano NEXMARTS	<u>15</u> Baked chicken nuggets, Peas & Baby Carrots, , Fresh fruit, Wheat Bread & Milk	<u>16</u> Pasta w/t cheese, Green Beans, Fresh Fruit, Wheat Bread & Milk	<u>17</u> Turkey Hot Dog on Wheat Bread, Mixed Salad, Fresh Fruit & Milk	<u>18</u> Chicken on wheat Sandwich, Salad, Baked Potatoes, Fresh Fruit & Milk	<u>19</u> Pizza Margherita (mozzarella & tomatoes) Mixed Salad, Fresh Fruit & Milk
<u>Although every effort is made to adhere to the published menu occasionally the Lunch Menu is subject to change due delivery shipping and security issues</u>	<u>22</u> Wrap dely wheat sandwich w/ turkey, cheese & lattuce, Mixed salad, Fresh Fruit & Milk	<u>23</u> Baked chicken nuggets, Peas & Baby Carrots, , Fresh fruit, Wheat Bread & Milk	<u>24</u> Pasta w/t cheese, Mixed Vegetables, Fresh Fruit, Wheat Bread & Milk	<u>25</u> Chicken Parmesan, Baked, Green Beans, Fresh Fruit, Wheat Bread & Milk	<u>26</u> Pizza Margherita (mozzarella & tomatoes) Mixed Salad, Fresh Fruit & Milk
	<u>29</u> Chicken on wheat Sandwich, Salad, Baked Potatoes, Fresh Fruit & Milk	<u>30</u> Scrambled eggs, Baby Carrots, Salad, Wheat Bread, Fresh Fruit & Milk	<u>31</u> Roast Beef, Mixed Vegetables, Salad, Fresh fruit, Wheat Bread & Milk		