

Parents and students,

Sport physicals are valid for one year.

Students may not practice or participate in school sports without a valid sport physical on file with the school nurse.

Plan ahead to have your physical this summer.

Prior to school starting, the football team will begin. There is no such thing as an emergency sport physical.

Please print both pages and complete NHS Preparticipation Physical Evaluation front page, take the back page for the physician.



Document.pdf

The physician, parent and student should sign and return the Dept of Defense Dependents Schools Physical Examination/Parental Consent for Interscholastic Sports to the SCHOOL NURSE.



Sport Physical
Consent.doc

Return the Sport Physical Consent form to the school nurse.

Enjoy your sport!